

# ACTION NETWORK

2019 Year in  
Review



# Mission & Vision

- ◆ **Mission:** to build a healthy, peaceful, and drug free community.
- ◆ **Vision:** to support a caring community which nurtures one another across ages and cultures and creates a peaceful, healthy and drug-free environment that empowers people to help themselves.
- ◆ **Who We Are:** a collaboration of individuals, organizations, schools, businesses, faith based organizations to help identify issues that affect the quality of life in the coastal communities
  - ◆ Objectives:
    - ◆ Increase and improve health and social services in the area
    - ◆ To exchange ideas, information and provide support for children, youth and families.

***Enriching the Lives of Children, Families and Community***





PARTICIPATE IN THE Rx TAKE-BACK EVENT  
AND CELEBRATE



WEDNESDAY  
FEBRUARY 27<sup>TH</sup> 2019  
2:30 PM - 5:30 PM  
ACTION NETWORK  
POINT ARENA

MARDI GRAS THEMED  
ARTS & CRAFTS  
SNACKS & DRINKS  
FACE PAINTING

Join us and bring your unwanted  
or unused medications!



FOR MORE INFO CONTACT ACTION NETWORK 707.884.5413 OR  
MENDONOMA HEALTH ALLIANCE 707.412.3176 X102  
PARA INFORMACIÓN EN ESPAÑOL, LLAME JAVIER 707.884.5414



Over 100 Rx bottles collected and  
disposed of



Action Network Presents

# PAINT NIGHT

*Punch, People and Pieces of Art*



Action Network - Gualala  
39144 Ocean Drive  
Gualala, CA 95445  
707-884-5413

Friday March 15 2019 5 pm - 7 pm  
\$15 per person + \$5 supply fee  
(ages 12 - up - ADULTS WELCOME)  
FREE childcare available during class time only  
CALL TO RESERVE YOUR SPOT NOW!!

A fun night of socializing and creativity with punch and  
dessert while producing a personal work of art to take home!

All proceeds will go to sponsoring a teen to attend CADCA (Community Anti-Drug  
Coalitions of America) in July 2019

PosterMyWall.com

7 people attended



\*\*\*  
**BAKE SALE!**  
9am - 11am  
**SATURDAY March 30, 2019**

Location: Good Buy Clothes -  
Point Arena - at entrance to driveway

All proceeds will go to sponsoring a teen to attend  
CADCA (Community Anti-Drug Coalition of America) a  
NYLI (National Youth Leadership Institute) located in  
Dallas, TX in July 2019

PosterMyWall.com

\$300 + raised for CADCA



THE SUPERIOR COURT OF CALIFORNIA  
COUNTY OF MENDOCINO

## GUALALA Free Legal Help

Legal help with:

- Divorce and separation
- Child custody
- Child support
- Restraining orders
- Small claims
- Guardianships
- Other family law matters

**WHEN:**

**WEDNESDAYS  
3:00-5:00PM**

**ACTION NETWORK  
39144 Ocean Dr., Gualala**

PLEASE NOTE:

We do not give legal advice. We provide help with forms, legal information, and education. We can also provide assistance to all parties in a case.



**Free Legal Help**  
through  
**Live Video Conference**



**Presented by:**  
**Superior Court of**  
**Mendocino**  
**Self-Help Center**  
and the  
**Action Network**



**SUPERIOR COURT OF  
MENDOCINO SELF-HELP  
CENTER**

100 North State St.  
Ukiah, CA

For more information visit:

[Mendocino.courts.ca.gov](http://Mendocino.courts.ca.gov)

Self Help EMAIL:  
[selfhelp@mendocino.courts.ca.gov](mailto:selfhelp@mendocino.courts.ca.gov)



## **FREE!!!** **YOUTH MENTAL HEALTH FIRST AID CLASS**

**MONDAY, JUNE 17 9AM - 3PM**

**ACTION NETWORK FAMILY RESOURCE CENTER**

39144 OCEAN DRIVE STE 3&4 GUALALA, CA 95445

**Common Signs and Symptoms of Mental Illness and  
Substance Use in Adolescents**

**How to interact with a youth in crisis and connecting  
them with help/resources**

no experience or background in counseling or mental health necessary

Register here: <http://mcoe.k12oms.org/1960-166581> or Call Action Network to register  
(707-884-5413)

**WWW.ACTIONNETWORK.INFO**  
**707-884-5413**



**REDWOOD  
COMMUNITY  
SERVICES, INC.**

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## HARVEST CELEBRATION



November 2nd, 2019 2-6pm

Live Music, Apple Pressing, Farm Tour,  
Homemade Pies, Kids' Activities Area,  
Farm-grown Food, Local Beer and Wine, Oz  
Farm Cider and more!

\$10 Suggested Donation

All proceeds benefit Action Network of Gualala and Point Arena.

Oz Farm, 41601 Mountain View Road, Point Arena



since April, 5 people have utilized  
this service

over 20 attendees

8 volunteers  
\$3,484 received from Oz Farm as a  
donation



## ALMOST FRINGE FESTIVAL Point Arena

Celebration in Point Arena served approximately 50 families, we served popcorn, sold baked goods and had jumpy house and face painting





## Cinco De Mayo – May 6

Our Annual Cinco de Mayo celebration was at Bower Park and featured homemade Mexican food, the Coastal Folkloric dancers, piñata for the kids and Jumpy House.









## Town Hall – June



The event showcased speakers from the Mendocino County Sheriff's Task Force and the Mendocino County Tobacco Team. The Task Force educated parents on drug and alcohol abuse and *associated paraphernalia*. The tobacco team showcased vaping, juuling and cigarette smoking and highlighted the tools in which parents can look for. Open discussion followed for parents to share stories of what worked for them in discussing drugs and alcohol with their children

# CADCA Trip - Dallas, TX (July)



Action Networks Teen Group went to Dallas, TX to attend CADCA's 18<sup>th</sup> annual Mid-Year Training Institute! Nayeli Orozco, Australia Okubo and Cheyenne Henderson were provided the opportunity to network with fellow teen community leaders from around the world to educate, inform and inspire one another to transform their communities! The teens attended intensive trainings which supported the development of community anti-drug coalitions and encouraged advocacy for change within our youth.





# Summer Programs Coastal Connections (July)



Coastal Connections is a 5-day-a-week Environmental summer program  
10-12 kids aged 6-13 attended and learned about our local environment.





## TEEN SUMMER CAMP (July)

Coast Walk California and Action Network partnered for an adventure to Marin, CA. They offered outdoor hikes, environmental education and a trip to the Marin Mammal Center

10 kids aged 12-18 years old attended and learned about our local environment.







## LegoRobotics 2019 (July)

There are two sessions, 6 classes each, of Lego Robotics during the summer. One in Gualala, and one in Pt Arena. 11 kids attended.



# Tutoring Program – Gualala



With Polly leaving our tutoring program in May, it took a while to get this program back on its feet. After a short delay, Tutoring started back up in January with Ann Thez at the helm. We currently have 6 elementary school students and tutors that meet on Wednesday's at 2:30pm and 3:30pm





# PLAY GROUPS AND LEARNING THROUGH PLAY

## GUALALA

Gualala Family Resource Center hosts two Playgroups and Learning Through Play sessions per week – Wednesday and Friday mornings.





# Horicon School Pre-K



Bright Beginnings program includes Pre-K program and aftercare from 8am-3pm, Monday, Tuesday and Thursday each week.







## PAHS Health Fair (Sept)

Action Network participated in the Health Fair at Point Arena High School. We focused our outreach on the vaping epidemic in teens and educated the teens on the dangers of vaping, tobacco use and other drugs. Action Network prides themselves on our efforts to promote a drug free community in our schools and neighborhoods



# 15<sup>th</sup> Annual GUALALA RIVER RUN & COASTAL CREATIONS BRUNCH

Annual fundraiser. 5K & 10K runs and 5K walk. Saturday October 12, 2019





# Gualala River Run Brunch







## Being Thankful/Friendsgiving at Playgroup (Nov)

Gualala playgroup offered a Being Thankful Friendsgiving. Children created turkey pumpkin crafts, had a healthy meal, turkey cupcakes and were thankful for their friends

**BEING THANKFUL**  
 FOOD, FUN &  
 Playgroup Friends!  
**Friday,**  
**Nov 22nd**  
 Gualala Location  
 10am - 1pm

*parental supervision is required*  
**NO DROP OFF**  
 ages 0-5yrs only

harvest treats, crafts and fun  
 for all the children

lunch and cupcakes will be served

**Action Network**  
  
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For More Info:  
[www.actionnetwork.info](http://www.actionnetwork.info)  
 707-884-5413





## Hometown Holidays (Dec)

Santa Arrived at Hometown Holiday's amid approximately 40 families. All enjoyed a visit with Santa, cookie decorating, treats, family time with some good old fashioned hometown holiday feel.





# OTHER ACTION NETWORK SERVICES & PROGRAMS

- ◊ Triple P – Positive Parenting Programs for families
- ◊ Youth Mental Health First Aid Courses
- ◊ Family Counseling & Support
- ◊ QPR – Suicide Prevention Program
- ◊ Community Interest Classes and Classroom space
- ◊ WIC/CalFresh-food stamps- enrollment
- ◊ Food and Gas Vouchers
- ◊ Minecraft
- ◊ Backpack Program
- ◊ Reach for Tomorrow
- ◊ Computer Use
- ◊ Disaster Preparedness
- ◊ Census 2020 Support







# OUR ACCOMPLISHMENTS

70 KIDS IN PLAYGROUPS

24 KIDS ATTENDING BRIGHT BEGINNINGS

30 KIDS ENJOYED YOUTH AND TEEN  
COASTAL CONNECTIONS

6 K-12 KIDS RECEIVED TUTORING

10 TEENS ATTEND WEEKLY AAC MEETINGS

120 RUNNERS IN GUALALA RIVER RUN

Donations accepted now via “cube” and Ipad







# UPCOMING EVENTS

- ◆ Learning Series – every other month
- ◆ Pop Up Bake Sales (Fundraising) – Feb, May, Aug
- ◆ Family Fun Fair – April
- ◆ Summer Programs
- ◆ Pumpkin Run - Oct
- ◆ Not-so-Scary Halloween - Playgroup
- ◆ Hometown Holidays
- ◆ Oz Farm Collaboration (apple pressing)
- ◆ Applied for Child Care Licensing
- ◆ Point Arena Remodel







# GOT KIDS?

## CONTACT INFORMATION:

Phone: 707-884-5413

Facebook: Action Network - Gualala

Website: [www.ActionNetwork.info](http://www.ActionNetwork.info)

Instagram: ActionNetwork707

Physical addresses: 39144 Ocean Dr. Gualala &  
200 Main St, Pt Arena.

Mailing: PO Box 1163, Gualala, Ca 954454

## WANT TO HELP?

- ◇ Volunteer at Events, Tutoring, or special classes
- ◇ Donate through our website using credit card, or by cash/check

